

# Gwa'sala-'Nakwaxda'xw School Newsletter

*Strong Together In All We Do*



October, 2024

## Gilakas'la,

Life at Gwa'sala-'Nakwaxda'xw School is always bustling with activity! In October, we successfully hosted the Scholastic Book Fair, conducted our annual BC Shakeout Drill for earthquake preparedness, and celebrated Halloween with great enthusiasm. The beautiful fall weather allowed many of our classes to enhance their learning with engaging outdoor activities. Additionally, our staff participated in a provincial professional development day, gaining valuable knowledge and skills to improve their teaching practices.



I am pleased to welcome Robin King as our new Family Involvement Worker. Robin will play a crucial role in strengthening our partnerships with families, enhancing family engagement in learning, and improving student attendance. We are excited to see how this role develops and contributes to our community.

As we head into November, we look forward to our annual indoor soccer tournament on November 13, 14, and 15. We encourage everyone to come out and support our young athletes in the gym!

Thank you for your continued support in making Gwa'sala-'Nakwaxda'xw School a wonderful place for our students to learn and grow. If you have any questions or concerns, please don't hesitate to reach out.

Reed Allen-Principal



# News from Karen

Yo, Happy November!

The weather is getting colder, and the nights are getting longer. Here are some great family games to play on cold nights.

Google great card games such as: Speed, War, Spoons, Golf, Go Fish - kids of all ages would enjoy  
Charades, board games and arts and crafts are some other great family activities.



Indoor Bowling - toilet paper rolls and taped newspaper ball. - number each pin and count the points knocked down!

**We would love to hear what are your favourite games to play as a family. Send us a Facebook Message this month to be entered into a draw for a Save On Food's Gift Card.**



# Dianne's Grade 6/7 Class



Yo, families and friends! October was full of amazing learning opportunities, and the students are growing in many ways! Here are some of our successes this month! **Albert** is helpful with his classmates. **Blaire** is keen to dance in culture class. **Carey** shines in Bakwamkala class. **Cason** caught a rainbow trout at Link River. **Evette** sewed a pillow in A.D.S.T. **Fred** carved a pumpkin. **Hope** volunteered to help younger students during lunch. **Inez** created her Halloween costume. **Kendra** is an earth hero by collecting the most Halloween wrappers. **Mason** excels at remembering events in the "6 Minutes" podcast daily. **Mia** is learning how to weave with cedar bark with her mom. **Mitchell** loves working with his learning buddy, Kai. **Orie** walked 5 km on the Keogh River hike. **Quorbin** knows a lot about fish and loves fishing with his classmates. **Storm** can draw amazing First Nation designs. **Theo** won the Kwailas Halloween art contest, winning a fishing rod! **Willie** danced beautifully at the Wellness Conference at the Civic Center.

What a month, and there is more to come next month! Take care ❤️





# Allyson's Grade 5/6 Class

Check out a tiny snapshot of your Div 2 kiddos making big leaps, with the land as our teacher...



Practicing with our siwayu and xwakwana



"laxwal'satlan"



łasagwis amlidzas



The fish counter at Giyuxw river



Happy Hallowe'en from Div 2!



watłaa'mas xi gangananam?



ke'nakwaa on a beautiful day



łakaxsti circulatory system!



magwis or dinosaur?



# Em's Grade 4/5 Class



In October, we continued to grow as a team. We had many exciting learning opportunities, such as learning to play ukulele in music class and learning about mental wellness and mindfulness with Open Parachute. We have been expressing ourselves through writing about who we are, what our goals are, and our feelings. We had a special guest, Thomas, who shared with us about the Sobriety Walk for Cancer. To end the month, we had a blast on Halloween!





# Jen's Grade 3/4 Class



Halloween Fun! Costume parade, pumpkin carving and trick-or treating!

Students had the opportunity to try the Violin during music class.



Student sew their own pillows during Applied Skills and Design.



Students talking about their recent reads and recommending them to their friends. Students are avid writers, writing their personal stories.





# Jackie's Grade 1/2 Class



Wow, October flew by! I'm pleased to say that the students work hard every day, learning to read and new math concepts. They are settling nicely into our classroom routines. They love reading their Read Well homework to the teachers every chance they get! One of the key successes to reading is repetition, repetition, repetition! Keep up the great work, everyone!

Not only has our class been working hard inside, but they've also been exploring outside: we harvested potatoes in our school garden, we hiked the Quatse Loop and the Hardy Bay waterfront.

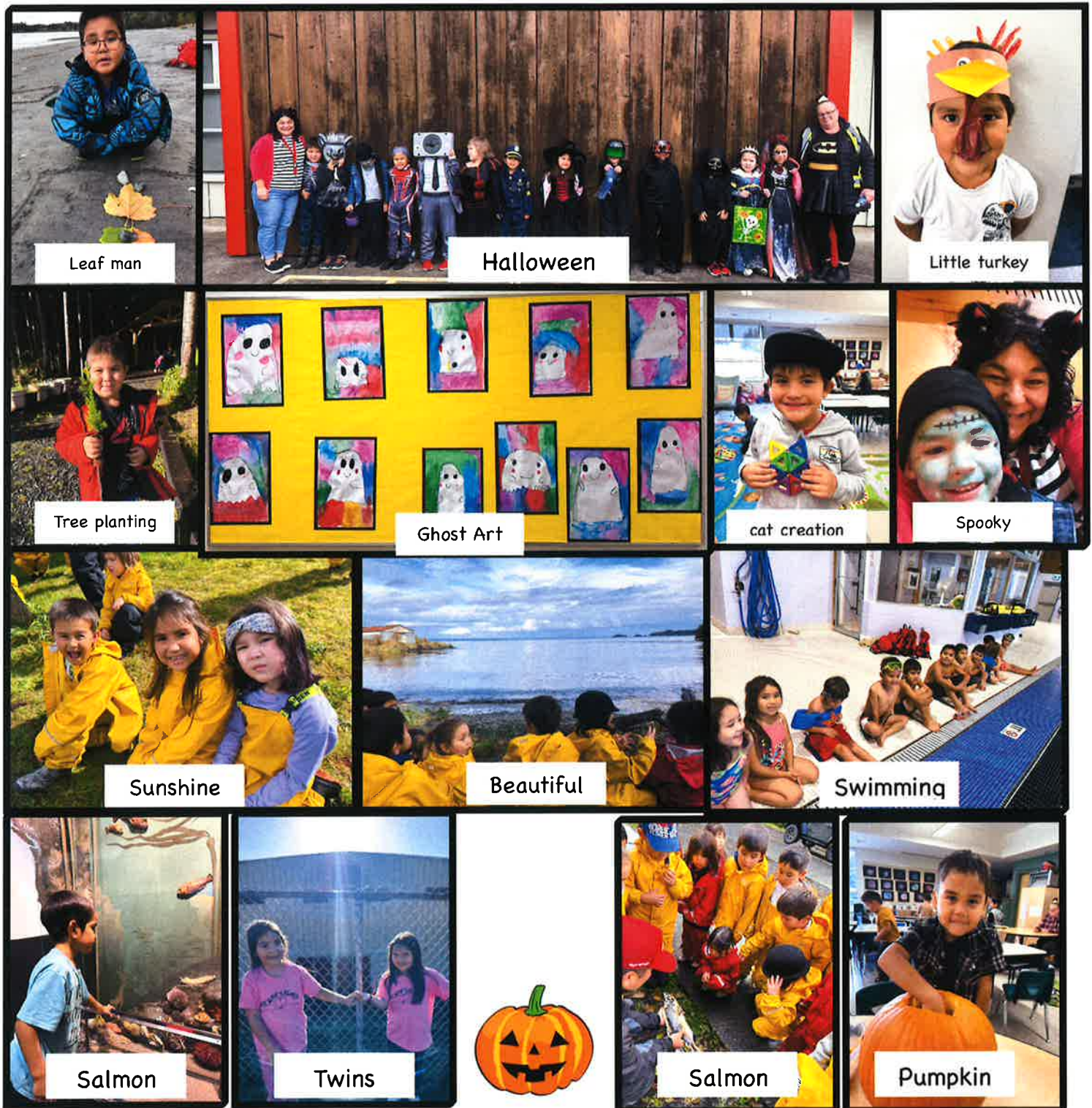
We finished off the month with a fun-filled day celebrating Halloween: a costume parade, trick-or-treating with the elders, the band office and health and family services.



PLAY GIVES  
CHILDREN  
A CHANCE  
TO PRACTICE WHAT  
THEY ARE  
LEARNING.  
-MR. ROGERS



# Melanie's Grade 1 Class



What a month! Here in Grade 1 we continue to learn and have fun. In October we explored signs of autumn by learning about pumpkins, leaves, and spawning salmon. We got to visit the Quatse Stewardship centre, Storey's Beach, Fort Rupert trails and enjoyed swimming at the pool. Everyone is getting into our learning routines, and many kids are starting to read! I'm so proud of them! all!



# Sheri-An's Kindergarten Class

Gilakas'la! I cannot believe November is upon us. October was a month of fun and excitement gearing up for Halloween. The children are working on building classroom routines and friendships. The children learned about leaves and spiders this month. We also read stories about, and did activities focused on being thankful. We were able to go to the Quatse hatchery to learn about the salmon life cycle with our big buddies and even got to dissect a salmon. We walked to Little Tsulquate river and watched salmon spawning. Halloween was a fun filled time with songs, dance, stories and crafts throughout our days. One of the highlights was walking down to trick-or-treat at the Elders Center.



Wednesday



Buddies



Charlie's waterwheel plan



Lo'linuxw



Spawning salmon



Fish dissection



Trick-or-treating with Buddies



# Michelle's Pre K Class: October

October began with excitement for our first swim lessons of the year. The children LOVE to be in the water. The October fall sunshine provided some beautiful days to play in the forest and take care of the garden. Everyone is learning animal names in Bakwamkala and becoming more and more comfortable asking questions to the elders. Last week, Kenton inspired the class to bake apple crisp and the little bakers were very proud of themselves. We ended the month with a fun-filled Halloween day and the sweetest group of trick-or-



**Sweeter than candy!**



**Halloween 2024**



# Robin's Bakwamkala Class

<b>a</b>  abals	<b>a</b>  amlam	<b>b</b>  badi	<b>d</b>  dagans	<b>dł</b>  dła'was	<b>dz</b>  dzamba
<b>e</b>  e	<b>g</b>  gabam	<b>gw</b>  gwasu	<b>g</b>  gaga'o	<b>gw</b>  gwa'wina	<b>h</b>  hamdzalatsi
<b>i</b>  ixtsam	<b>k</b>  kaxtlanu	<b>kw</b>  kwikw	<b>k</b>  kadayu	<b>k'w</b>  k'wa'sta	<b>k</b>  kinut
<b>k'w</b>  k'wak'wi	<b>k</b>  ku'mes	<b>k'w</b>  k'wita'a	<b>l</b>  lagu	<b>ł</b>  łakwi's	<b>m</b>  max'inux
<b>n</b>  nagatsi	<b>o</b>  olakala ik	<b>p</b>  pagwayu	<b>p</b>  patla	<b>s</b>  siwayu	<b>t</b>  taminas
<b>t</b>  tibayu	<b>ts</b>  tsagał	<b>t's</b>  t'siginaga	<b>tł</b>  tłabił	<b>tł</b>  tłasagwis	<b>u</b>  u'ligan
<b>w</b>  wak'es	<b>x</b>  xa'wayu	<b>xw</b>  xwak'wana	<b>x</b>  xawi	<b>xw</b>  xwamduma	<b>y</b>  yola
<b>'w</b>  'wat'si	<b>bak'wamkala sounds</b>				

Gilakas'la!

Things are going very well in bakwamkala class. Our most recent unit has been on clothing. Here is are the words we have been learning:

**talgwaba'o** - underwear  
**kuxwaba'o** - underclothes  
**tsalxdamkan** - sweater  
**galxdamkan** - swimsuit  
**'wasiganu** - belt  
**'kwamdzu'yu** - dress  
**ked** - hat  
**dada'tsa'akw** - jacket  
**kaxsis** - pants  
**midxamkan** - pajamas  
**kas'ani'** - shirt  
**tibayu** - shoe  
**dagans** - sock

I have also included the Bakwamkala Sound Chart for your use and reference.



# Latisha's Culture Class

Gilakas'da'xw'la! Ikuxda Gwaxsam (Dog Salmon Time- November)

In culture, we have been uplifting the teaching - Mu'lala ( to be grateful) through Prayer songs. We sing the late Gigame' Helagalis' beautiful prayer song to ground ourselves and give thanks at the beginning of each class. It is important to always remember to carry a grateful heart.

We also do "Culture class Vocabulary" which encourages the students to use bakwamkala to name the items within the class room that we use on a daily basis. A few of these vocabulary words include:



'yadan



tłixa'yu



tamidzu



Ugwi'walit

We have continued to dance and sing in culture where the ginginanam are gaining confidence in their abilities whether that includes - singing, dancing, taking on the responsibilities of Solatala (attendant), or observing and witnessing. This is to show the students that we all have a place within the culture and belong somewhere in our roles as bakwam people.

Gilakas'la Ginginanam!



# Lyam's P.E. Class

Gilakas'la everyone,

This month we were working on our soccer with the indoor tournament coming up this month. We have been scrimmaging, working on passing, dribbling and moving the ball. The kids are excited for the tournament in November and they hope parents and family can attend to watch them all play!!





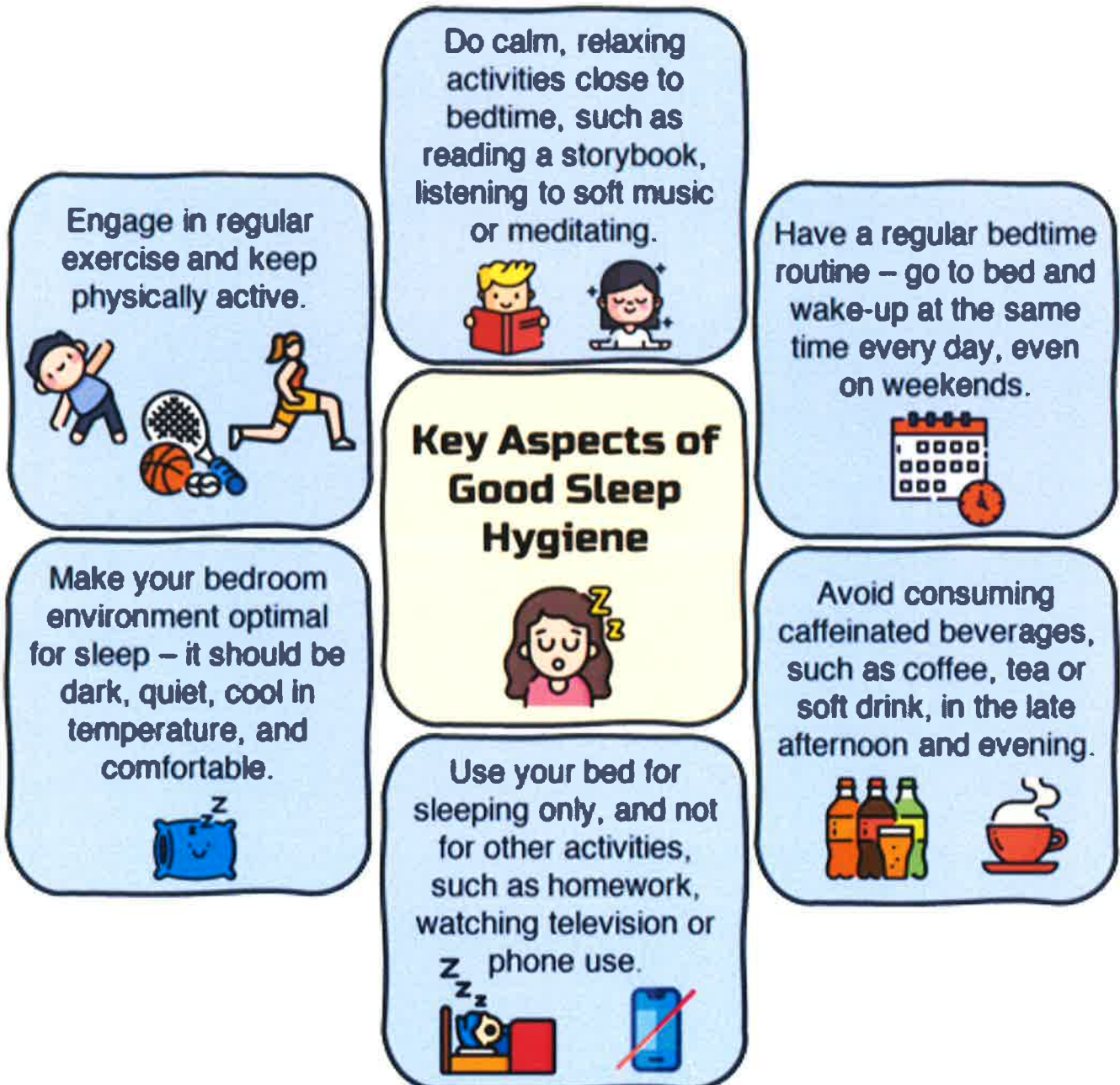
# News from Heather

The days have gotten shorter and the leaves have fallen and we are now into  
NOVEMBER!!

If you notice that your sleep routines are out of whack, check out the ideas below to get back on track! Elementary students should aim for 10-12 hours of sleep per night.

A good nights sleep means you're set up for a great day at school!

Sweet dreams everyone :)





# News from Chef Sharon

Happy November!!

Another month has passed. There are a few changes around the cafeteria. Richard has left to work in Quatsino. We wish him the best and thank him for all his hard work and dedication he has put into the food program at the school. He will be missed by staff and students. We would like to welcome Ashton, he will be replacing Richard. Ashton is fitting in well with the daily routines and schedules. We also have Willie from Diannes class helping with lunch clean up.

Welcome Ashton and Willie!!

We had a great turn out for the family breakfast on Oct 29th, if you missed it watch the calendar for one in November. Until next month I hope everyone had a safe halloween. I will talk to you again soon!

Sharon





# School Activities





# October Birthdays

Happy October Birthdays to: Nathaniel, Oaklynn, Ophelia, Philip, Lola, Quinten, Eve, Blaire and Phoenix C.





# Notices

**We will be  
CLOSED  
on Nov. 11  
in Honour of  
Remembrance Day**



**PROFESSIONAL  
DEVELOPMENT  
NO SCHOOL**



**Friday, November 29**



# INDOOR SOCCER TOURNAMENT



**November 13: Grade 2/3**

**November 14: Grade 4/5**

**November 15: Grade 6/7**

**Gwa'sala-'Nakwaxda'xw School**





# NOVEMBER 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>Div 1 Dianne Div 2 Allyson Div 3 Em Div 4 Jen Div 5 Jackie Div 6 Melanie Div 7 Sheri An Div 8 Michelle</div>					<div>1</div> <div>Swimming All Classes</div> <div>PJ Day</div> <div></div>	<div>2</div>
<div>3</div> <div>Daylight Savings Time ends</div> <div>TURN YOUR CLOCKS BACK</div> <div>Happy Birthday Cristian Hunt</div>	<div>4</div> <div>Div 1/2 Outdoor Learning 10:00</div>	<div>5</div> <div>Preschool Swimming</div>	<div>6</div> <div>District Cross Country Run</div> <div>Div 6 &amp; 7 to Storey's Beach 1:00</div>	<div>7</div> <div>Div 3/4/5 Outdoor Ed 1:00</div>	<div>8</div> <div>Swimming AM Div 2/3/4 Skating PM Div 5/6</div>	<div>9</div>
<div>10</div>	<div>11</div> <div></div> <div>REMEMBRANCE DAY Left No Forget</div> <div>Remembrance Day - School Closed</div>	<div>12</div> <div>Preschool Swimming</div>	<div>13</div> <div>Div 6 &amp; 7 to Storey's Beach 1:00</div>	<div>14</div> <div>Div 5 Outdoor Ed 1:00</div>	<div>15</div> <div>Swimming All Classes</div>	<div>16</div> <div>Happy Birthday Phoenix Buchanan</div>
<div>17</div>	<div>18</div> <div>Div 1/2 Outdoor Learning 10:00</div>	<div>19</div> <div>Preschool Swimming</div> <div>LOCKDOWN ALERT DRILL</div>	<div>20</div> <div>Div 6 &amp; 7 to Storey's Beach 1:00</div>	<div>21</div> <div>Div 5 Outdoor Ed 1:00</div> <div>Literacy Evening 5 - 7 pm</div>	<div>22</div> <div>Swimming All Classes</div> <div>Happy Birthday Illiyanna Dawson</div> <div>Happy Birthday Silva Brouwer</div>	<div>23</div> <div>Happy Birthday Frederick Nelson</div>
<div>24</div> <div>Happy Birthday Robin Rosborough</div>	<div>25</div> <div>Div 1/2 Outdoor Learning 10:00</div>	<div>26</div> <div>Preschool Swimming</div> <div>Happy Birthday Konner Walkus</div>	<div>27</div> <div>Div 6 &amp; 7 to Storey's Beach 1:00</div> <div>Happy Birthday James Williams Kaelyn Williams</div>	<div>28</div> <div>Div 3/4 Outdoor Ed 1:00</div>	<div>29</div> <div>Professional Development Day No School for Students</div> <div>Happy Birthday Perry Charlie Jr.</div>	<div>30</div>